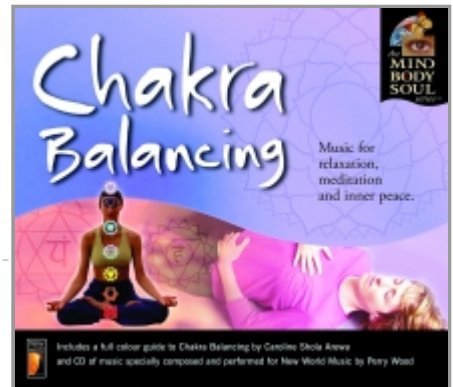


# Body & Soul Series Mind - Chakra Balancing

## TRACK LISTING

- Root - Embodiment
- Sacral - Home of the Self
- Solar Plexus - Inner Sun
- Heart - Compassion
- Throat - Stillness
- Brow - Perception
- Crown - Oneness



Year of Production: 2004

SKU#	MBSCD922	Street Date:	05/28/04	Box Lot:	25	Audio:	
UPC:	767715092224	Pre-Book Date:	01/01/01	Run Time:	40 min.	Genre:	Health/Fitness
Format:	CD	SRP:	\$9.99	# of Discs:	1 disc(s)	Label:	New World Music

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